

Restaurant Eldora - Lunchnau

Monday, 23. January	Tuesday, 24. January	Wednesday, 25. January	Thursday, 26. January	Friday, 27. January
SUPPE   Tomato cream soup <i>approx 121.1 cal.</i>	SUPPE   Mushroom cream soup <i>approx 124.0 cal.</i>	SUPPE    Vegan pumpkin soup <i>approx 69.4 cal.</i>	SUPPE  Vegetable broth with pancake and vegetables strips <i>approx 52.2 cal.</i>	SUPPE  Onion cream soup with thyme and croutons <i>approx 173.1 cal.</i>
1.80	1.80	1.80	1.80	1.80
TRADITIONAL   Fried red trout fillet Dill mustard sauce Basmati rice Asia vegetables <i>approx 731.4 cal. / Trout: Italy</i>	TRADITIONAL Coq au vin Braised chicken thigh with red wine, vegetables, silver onions and croutons Romanesco Gnocchi <i>approx 977.3 cal. / Chicken: Switzerland</i>	TRADITIONAL   Plant-based meatballs Paprika sauce with mushrooms and gherkins Penne <i>approx 675.9 cal.</i>	TRADITIONAL Lasagne verdi al forno with beef, béchamel sauce and Grana Padano Mixed leaf salad with seeds, apple, egg and croutons <i>approx 903.7 cal. / Beef: Switzerland</i>	TRADITIONAL  Homemade cheese spaetzli with Eldora Alpine cheese and fried onions Orange carrot salad <i>approx 1173.2 cal.</i>
INT CHF 8.50 / EXT CHF 13.30	INT CHF 8.50 / EXT CHF 13.30	INT CHF 8.50 / EXT CHF 13.30	INT CHF 8.50 / EXT CHF 13.30	INT CHF 8.50 / EXT CHF 13.30
SMART EATING   Veganuary Organic seitan stew Mushroom sauce Mashed potatoes Pumpkin <i>approx 513.3 cal.</i>	SMART EATING Vegetables pakora Yoghurt dip with mint Lemon vegetable couscous <i>approx 448.8 cal.</i>	SMART EATING  Fried redfish fillet Saffron sauce Boiled potatoes with parsley Broccoli with lime oil <i>approx 543.2 cal. / Redfish: Northeast Atlantic</i>	SMART EATING The Menu Counter will be closed today.	SMART EATING  Pork steak Green pepper sauce Baked potatoes Winter vegetables with pears <i>approx 532.2 cal. / Pork: Switzerland</i>
INT CHF 8.50 / EXT CHF 13.30	INT CHF 8.50 / EXT CHF 13.30	INT CHF 8.50 / EXT CHF 13.30	INT CHF 8.50 / EXT CHF 13.30	INT CHF 8.50 / EXT CHF 13.30
LIVE COOKING The Menu Counter will be closed today.	LIVE COOKING  Sliced lamb Herb red wine gravy Potato gratin Ratatouille <i>approx 707.7 cal. / Lamb: Ireland</i>	LIVE COOKING The Menu Counter will be closed today.	LIVE COOKING Pizza della Nonna with bacon, salami, bell peppers and olives <i>approx 1128.7 cal. / Bacon (Pork): Switzerland, Salami (pork, beef): Switzerland</i>	LIVE COOKING The Menu Counter will be closed today.
INT CHF 11.50 / EXT CHF 16.30	INT CHF 11.50 / EXT CHF 16.30	INT CHF 11.50 / EXT CHF 16.30	INT CHF 11.50 / EXT CHF 16.30	INT CHF 11.50 / EXT CHF 16.30
LIVE COOKING VEG The Menu Counter will be closed today.	LIVE COOKING VEG The Menu Counter will be closed today.	LIVE COOKING VEG The Menu Counter will be closed today.	LIVE COOKING VEG  Pizza Capra with goat cream cheese, courgettes and thyme <i>approx 1129.5 cal.</i>	LIVE COOKING VEG The Menu Counter will be closed today.
INT CHF 10.50 / EXT CHF 15.30	INT CHF 10.50 / EXT CHF 15.30	INT CHF 10.50 / EXT CHF 15.30	INT CHF 10.50 / EXT CHF 15.30	INT CHF 10.50 / EXT CHF 15.30
FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.30	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.30	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.30	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.30	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.30
DESSERT    Chocolate coconut pudding with vegan whipped cream <i>approx 174.7 cal.</i>	DESSERT   Panna cotta with forest berries sauce <i>approx 264.8 cal.</i>	DESSERT   Lime and raspberry trifle with granola <i>approx 293.7 cal.</i>	DESSERT   Espresso macchiato mousse <i>approx 178.5 cal.</i>	DESSERT   Almond cake with lime crème fraîche <i>approx 294.5 cal.</i>
1.80	1.80	1.80	1.80	1.80

Icons: vegetarian (1 leaf), vegan (2 leaves), lactose-free, gluten-free

All prices in CHF, VAT incl.